






Licensed Psychotherapy (Mental/Behavioral Health Counseling) & Counseling for Alcohol & Other Drug Abuse (AODA) In Dickinson & Iron Counties

IMPORTANT! Always call the number on the back of your health insurance card & ask key questions:

- “What is my mental health coverage?” • “My deductible?” • “My co-pay?”
- “Which licensed providers are covered by my plan? Master’s Level? (MS, MA, LMSW)? Doctoral? (Ph.D., Psy.D.)? MD’s ?”













Most plans cover any licensed provider; some plans don’t cover any counseling; others limit coverage to only doctoral providers & MD psychiatrists. Some have high annual deductibles & 50% copays making services difficult to afford. Average session is 45-50 minutes and ranges \$80 to \$120/visit in our area.

(All information is subject to change; request latest copy or send updates to: resolvingconcerns@yahoo.com)




HEALTHCARE COVERAGE KEY:	<i>All providers accept self-pay if you have no insurance coverage (call for rates as they vary)</i>
ALL 	Nearly all Blue Cross/Blue Shield plans w/mental health coverage cover this provider. HOWEVER! Some providers are IN or OUT of NETWORK, which usually requires higher copay. Many BC/BS of Michigan <u>only</u> cover psychotherapy/counseling performed by a <i>Ph.D.</i> or <i>Psy.D.</i> or <i>M.D.</i> & many plans only cover 50% of the fee at these providers (in-network discounts may apply). BC/BS PPO plans & those from <i>other states</i> (e.g., BCBS of Alabama, or Wisconsin) usually offer better & broader coverage; call your plan to find out.
FEP  <small>or State of Michigan employees & Non-MICH BCBS</small>	Federal Employee Program BCBS will cover this provider (ex., VAMC, Postal Service & some other Government employees). State of Michigan employees (Prisons, Human Services, etc.) have plans w/ better/broader coverage Non-Michigan BCBS plans typically cover more mental health providers; call to determine
M.A. 	Straight Michigan Medicaid or <i>MI Child</i> (non-UPHP) Only covers at community mental health (Northpointe Behavioral Healthcare Systems)
M.A. 	Straight Wisconsin Medicaid or <i>BadgerCare</i> ; call ADAPT (715)251-4555; (715)732-7760 (or human services for your county). Only covered by participating physicians or Wisconsin mental health clinics
MEDICARE	MEDICARE covers these providers at approximately 50% of approved rate (members pay approx. \$35-\$40/visit; if they have a supplement insurance, they usually owe nothing)
INSURANCE	Most (non-BCBS) indiv. & group plans will cover this provider; call your plan to find out.
	Upper Peninsula Health Plan (800)835-2556 will cover this provider (If you have <i>Michigan Medicaid</i> , call (800)835-2556 to determine whether you have this plan; regular/straight Michigan Medicaid will only cover treatment at Northpointe to my knowledge)

Employee Assistance Programs - free visits for employees & their families (EAP’s I’m aware of as of 16DEC2008):

Verso Paper: Free EAP visits through *Magellan*; call health plan for pre-authorization & available providers.
Other Employers may have an Employee Assistance Program; employees should ask their Human Resource department.

INSURANCE & PAYMENT METHODS	AGENCY OR COUNSELOR/ PSYCHOTHERAPIST	PHONE/ADDRESS
MA Badgercare INSURANCE MEDICARE 	ADAPT - Marinette County Health & Human Services Outpatient counseling services <i>only</i> for <u>Marinette</u> or <u>Florence</u> county residents (e.g., Niagara, Aurora, Pembine, Florence etc.)	(715)251-4555 1201 Jackson St., Niagara, WI 54151 (715)732-7760; (888)732-7549 (Marinette, WI)
SOME BCBS   UPP INSURANCE MEDICARE SLIDING SCALE	Catholic Charities Dickinson County: Will Shampo, LMSW Specialties: child & family Iron County: Jim Van Doren, LMSW, LCSW Specialties: anxiety, PTSD, marriage & family <i>Jim also runs domestic violence/safety, & addiction groups</i>	(906)774-3323 427 S. Stephenson Ave., 2 nd Floor (906)265-9911 Iron River, MI 49935
SOME BCBS   UPP INSURANCE MEDICARE	Festian, Sandra ACSW, LMSW Cherith Counseling Center P.C. Specialties: anxiety & panic, PTSD, marriage and family; children's emotional problems	(906)779-0478 215 E. Hughitt St., 2 nd Floor, Suite 101 P.O. Box 1045 Iron Mountain, MI 49801
 INSURANCE	Foucault, Paul D., M.A., LPC Specialties: depression, anxiety, phobias, marital, bipolar, ADHD	(906)265-4428 8 West Genesee St. Iron River, MI 49935 <i>(behind "The Happy Italian")</i>
SOME BCBS   UPP INSURANCE MEDICARE	Hammond, Ann (Brouillette), LMSW, LCSW Specialties: adults, children, adolescent girls, groups	(906)282-0655 PO Box 442 Iron Mountain, MI 49801
 INSURANCE	New Beginnings Curt Pitts, ACSW, CSW Specialties: adults & teens	(906)779-1633 Quinnesec, MI
Medicaid  ALL   INSURANCE MEDICARE	Northpointe Behavioral Healthcare Systems (Dickinson-Iron-Menominee Mental Health) Specialties: 24 hour mental health emergencies; ongoing services only available to seriously mentally ill, severely emotionally impaired, or developmentally disabled. Multi-disciplinary staff SLIDING FEE scale	Dickinson County: (906)774-0522; (800)750-0522 715 Pyle Drive Kingsford, MI 49802 Iron County: 2 nd Street Iron River, MI 49935

<p>ALL </p> <p>INSURANCE NO MEDICARE / NO MEDICAID</p>	<p>VanHolla, David M.D., Psychiatrist</p> <p>Specialties: general psychiatry – all ages. Medication management. No schizophrenia (see Northpointe)</p>	<p>(906)779-7001 500 South Stephenson Ave., Iron Mountain, MI 49801</p>
<p>Self-Pay No Ins. Details Provided</p> <p>Call for more info.</p>	<p>Varney, Michael LLP, CAP Superior Psychological Services, PC</p> <p>Mental Health & Substance Abuse assessments; indiv., group, couples, family therapy/all ages.</p>	<p>(906)265-5455 601 Washington Ave. Iron River, MI 49935</p> <p>(906) 774-5550 818 Pyle Drive (Health Dept.) Kingsford, Michigan 49802</p>
<p>ALL </p> <p>INSURANCE</p>	<p>Weiss, Victoria, Psy.D., LP</p> <p>Specialties: adults, children, ADHD testing, psychological assessment/testing</p>	<p>(906)776-9000 427 S. Stephenson Ave., 2nd Floor Iron Mountain, MI 49801</p>
<p>SOME BCBS </p> <p>UPP INSURANCE MEDICARE</p>	<p>Young, Mark, LMSW, LCSW / Resolving Concerns</p> <p>Specialties: children, adults, depression, anxiety/ panic, anger, grief, communication, assertiveness, life adjustments, sexuality & dysfunctions.</p> <p>web: www.resolvingconcerns.com</p>	<p>906-PRO-HELP / (906-776-4357) 427 S. Stephenson Ave., 2nd Floor P.O. Box 1012 ↻send all mail here Iron Mountain, MI 49801</p>

INSURANCE & PAYMENT METHODS	Counselors/Counseling Agencies Licensed for SUBSTANCE ABUSE SERVICES	PHONE/ADDRESS
MEDICARE Sliding Fee, WI Medicaid; INSURANCE Nursing home clients free 	ADAPT (Florence County Human Services) 1201 Jackson Street, Niagara, WI 54151	(715)251-4555
SELF-PAY ONLY	Carlson, Cindy Second Chance Substance Abuse Services	(906)774-0470 200 W. Ludington St., Iron Mountain, MI 49801
MI Block Grant MI Medicaid, Sliding Fee 	Community Substance Abuse Services	(906)774-7511 373 Woodward Ave. Kingsford, MI 49802
  MI/WI Medicaid, Block Grant, sliding fee for MI and WI	Great Lakes Recovery Alcohol & Drug counseling, individual and group programs Michelle Murray, Director	(906)774-2561 427 S. Stephenson Ave., 2 nd Floor Iron Mountain, MI 49801
FREE	Alano Club 105 West Fleshiem Street	(906)774-0492 (Suzanne S. Wisconsin contact 715-528-5027)
FREE	Alcoholics Anonymous	(906)774-0900

Substance Abuse information provided courtesy of Kathy Parkinson with no guarantee of accuracy.

Mental/Behavioral Health information provided by Mark Young with no guarantee of accuracy

Please send any corrections, suggestions, or updates to resolvingconcerns@yahoo.com